

MigraInsight Doctor Report

A structured summary of patient-reported migraine episodes for review with your healthcare provider.

Clinical Summary

Generated: 19 Mar 2026 at 12:45
Episodes logged: 9
Tracking window: 20 Dec 2024 – 1 Aug 2025
Average intensity: 4.1 / 10
Average duration: 0.5 hours
Most common triggers: Bright Lights (1), Caffeine (1), Hormonal (1)
Most common medications: Ibuprofen (4), No medication (2), Ketoprofen (1)
Most common pain locations: Left Side (8)

Recent Episodes

Date	Time	Duration	Intensity	Location	Medication	Trigger / Note
1 Aug 2025	08:18	15m	3/10	Left Side	Ibuprofen	Hormonal
29 Jul 2025	12:13	1h 30m	3/10	Left Side	Ibuprofen	Bright Lights
29 Jul 2025	08:02	18m	5/10	Left Side	Paracetamol	[Overslept]
26 Jul 2025	08:14	15m	5/10	Left Side	Ketoprofen	Weather
29 Jun 2025	08:14	30m	5/10	Left Side	Ibuprofen	[Skipped meal]
28 Jun 2025	13:15	30m	3/10	Left Side	Ibuprofen	Caffeine
28 Jun 2025	10:56	30m	5/10	Left Side	No medication	—
30 May 2025	08:01	15m	5/10	Left Side	No medication	—
20 Dec 2024	08:18	15m	3/10	—	—	—